

# Cosas Que Hacer

## 01 enero 2026

Hoy es jueves 01 enero 2026. Hoy es el día 1 del año - semana número 0.

### PARA HOY

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### PRIORIDAD

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### TO DO

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### ACTIVIDADES

|          |       |
|----------|-------|
| 5:00 AM  | _____ |
| 6:00 AM  | _____ |
| 7:00 AM  | _____ |
| 8:00 AM  | _____ |
| 9:00 AM  | _____ |
| 10:00 AM | _____ |
| 11:00 AM | _____ |
| 12:00 PM | _____ |
| 1:00 PM  | _____ |
| 2:00 PM  | _____ |
| 3:00 PM  | _____ |
| 4:00 PM  | _____ |
| 5:00 PM  | _____ |
| 6:00 PM  | _____ |
| 7:00 PM  | _____ |
| 8:00 PM  | _____ |
| 9:00 PM  | _____ |
| 10:00 PM | _____ |
| 11:00 PM | _____ |

### AGUA Y COMIDA

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### RECORDATORIO

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### NOTAS

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